



For Immediate Release
March 27, 2014

FREE HEART SCREENINGS ON FINAL FOUR WEEKEND FOR CHILDREN AND STUDENT ATHLETES IN NASHVILLE ON SATURDAY, APRIL 5

Who: [Simon's Fund](#), a non-profit dedicated to raising awareness about conditions that lead to sudden cardiac arrest and death in children and student athletes; [Monroe Carell Jr. Children's Hospital at Vanderbilt](#) and Vanderbilt Sports Medicine under the direction of **Dr. Alex Diamond**, [Vanderbilt University Medical Center](#) Director, Program for Injury Prevention in Youth Sports and Team Physician for Vanderbilt University, Nashville Predators, Nashville Sounds.

What: A free heart screening for children and young adults between the ages of 10-19 years of age

When: Saturday, April 5
9:00am – 4:00pm

Where: Vanderbilt Recreation and Wellness Center
2700 Children's Way
Nashville, TN

Additional Information:

According to the American Academy of Pediatrics, 2,000 die every year from sudden cardiac arrest. It is the No. 1 cause of death of student athletes. **The conditions that lead to sudden cardiac arrest and death can be detected and treated. The best way to identify these conditions is by an ECG exam, accompanied with a medical history and physical.**

At the screenings, participants receive a physical exam, a thorough medical history and an ECG exam. Interested parents should register their children at www.simonsfund.org.

About Simon's Fund:

Simon's Fund was founded by Darren and Phyllis Sudman after their son, Simon, passed away at 12-weeks old from a heart condition. Simon's Fund was instrumental in the passage of the first legislation in the country to protect student athletes from sudden cardiac arrest: Pennsylvania's Sudden Cardiac Arrest Prevention Act. New Jersey became the second state to pass the law and it awaiting the Governor's signature in Indiana. The law is pending in eight other states. Since 2005, Simon's Fund has screened more than 8,500 children; discovering conditions in more than sixty. For more information, visit www.simonsfund.org.

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